



SAMPLE MENU

MONDAY

Pork and apple casserole, bubble & squeak, cauliflower and leeks
Fruit pie and custard

TUESDAY

Penne bolognaise
Jam sponge and custard

WEDNESDAY

Shepherd's pie, peas and rich gravy
Pineapple upside down cake with custard

THURSDAY

Chicken chasseur, dauphinoise potatoes, carrots and green beans
Rhubarb fool

FRIDAY FISH SPECIAL

Fish and chips, tartare sauce, bread and butter and a cup of tea or coffee

SUNDAY ROAST

Roast pork, sage stuffing, roast potatoes, seasonal veg, gravy with apple sauce
Bread and butter pudding with custard

The menu is subject to change depending on availability of produce and this sample menu is only intended to give a flavour of the meals on offer.

A two-course lunch from Monday to Thursday costs £5 (£5.50 for non-members) and a main course costs £4 (£5 for non-members). The Friday Fish Special costs £7 (£7.50 for non-members) and Sunday two-course Roast lunch is £9 (£9.50 for non-members).

Lunch is served in the Fair Close Centre on Sunday to Friday from 12 noon until 2pm. Advance booking is essential – please call 07784 819313.

Meals on Wheels are delivered six days a week (Sunday to Friday) and it is possible to order a frozen meal for the weekend to be delivered on Friday. If you or anyone you know would like a hot lunch delivered or if you are concerned about an elderly person living near you, please let us know by calling 01635 40488.