



MENU A

MONDAY

Tuna pasta bake, seasonal vegetables

Apple crumble & custard

TUESDAY

Steak & kidney pie, potatoes & seasonal vegetables

Rice pudding

WEDNESDAY

Chicken casserole, seasonal vegetables

Steamed sponge & custard

THURSDAY

Cornish pasty, potatoes & seasonal vegetables

Chocolate brownie & cream

FRIDAY

Breaded fish, potato wedges & seasonal vegetables

Jam/fruit tart & custard

SATURDAY*

Cold lunch with salad

Cake or muffin

SUNDAY

Roast dinner

Cold pudding

menus subject to change due to availability and seasonal variations of produce

*Saturday menu = meals on wheels ONLY



MENU B

MONDAY

Sweet & sour chicken, rice

Treacle tart & custard

TUESDAY

Cottage pie & seasonal vegetables

Eve's pudding & custard

WEDNESDAY

Cheese & potato pie, seasonal vegetables

Tapioca

THURSDAY

Pork casserole & seasonal vegetables

Rhubarb crumble & custard

FRIDAY

Fish pie & seasonal vegetables

Apple strudel & custard

SATURDAY*

Cold lunch with salad

Cake or muffin

SUNDAY

Roast dinner

Cold pudding

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*Saturday menu = meals on wheels ONLY



MENU C

MONDAY

Beef moussaka & seasonal vegetables

Bread & butter pudding, custard

TUESDAY

Liver, bacon & onions, potatoes & seasonal vegetables

Sticky toffee pudding & custard

WEDNESDAY

Roast gammon, roast potatoes, seasonal vegetables

Semolina

THURSDAY

Beef bourguignon & seasonal vegetables

Manchester tart & custard

FRIDAY

Battered cod, potatoes & seasonal vegetables

Ginger cake & custard

SATURDAY*

Cold lunch with salad

Cake or muffin

SUNDAY

Roast dinner

Cold pudding

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