

March					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26th	27th	28th	29th	1st	2nd
Bowls & Darts, 10.30-11.30, free	Chair exercises, 11.15-11.45, £1.50 members, £2.50 non-members	<b>Crafts</b> , 10.30-11.30, £3 members, £4 non-members	Café & restaurant open	Singing for fun, 10.30-11.30, free	
Relax & Read, 13.30-15.30, free	<b>Prize bingo</b> , 13.30-14.30, £1.50 members, £2.50 non-members	Kitty Mazinsky Vintage Singer, 13.30- 14.30, £3.50 members, £4.50 non- members		<b>Cash bingo</b> , 13.30-14.30, £2	
4th	5th	6th	7th	8th	9th
Bowls & Darts, 10.30-11.30, free	<b>Chair exercises</b> , 11.15-11.45, £1.50 members, £2.50 non-members	Crafts, 10.30-11.30, £3 members, £4 non-members	Flower arranging, 10.30-11.30, £7.50 members, £8.50 non-members	Singing for fun, 10.30-11.30, free	
Relax & Read, 13.30-15.30, free	Prize bingo, 13.30-14.30, £1.50 members, £2.50 non-members	Dementia Café, 10.30-11.30, £2.50 including refreshments		<b>Cash bingo</b> , 13.30-14.30, £2	
		Quiz, 13.30-14.30, free			
11th	12th	13th	14th	15th	16th
Bowls & Darts, 10.30-11.30, free	Chair exercises, 11.15-11.45, £1.50 members, £2.50 non-members	<b>Crafts</b> , 10.30-11.30, £3 members, £4 non-members	Café & restaurant open	Memory Lane Singing Café, 10.30- 11.30, £2.50 including refreshments	
Relax & Read, 13.30-15.30, free	<b>Prize bingo</b> , 13.30-14.30, £1.50 members, £2.50 non-members	Dementia Café, 10.30-11.30, £2.50 including refreshments		<b>Cash bingo</b> , 13.30-14.30, £2	
		Dance with Emma, 13.30-14.30, £1.50 members, £2.50 non-members			
18th	19th	20th	21st	22nd	23rd
Bowls & Darts, 10.30-11.30, free	Chair exercises, 11.15-11.45, £1.50 members, £2.50 non-members	Crafts, 10.30-11.30, £3 members, £4 non-members	Flower arranging, 10.30-11.30, £7.50 members, £8.50 non-members	Singing for fun, 10.30-11.30, free	<b>Saturday Brunch Club</b> , 10.00-12.00, from £4.50
Relax & Read, 13.30-15.30, free	Prize bingo, 13.30-14.30, £1.50 members, £2.50 non-members	Quiz, 13.30-14.30, free		<b>Cash bingo</b> , 13.30-14.30, £2	
25th	26th	27th	28th	29th	30th
Bowls & Darts, 10.30-11.30, free	Chair exercises, 11.15-11.45, £1.50 members, £2.50 non-members	<b>Crafts</b> , 10.30-11.30, £3 members, £4 non-members	Café & restaurant open	Singing for fun, 10.30-11.30, free	
Relax & Read, 13.30-15.30, free	Prize bingo, 13.30-14.30, £1.50 members, £2.50 non-members	<b>Mike Nova Elvis</b> , 13.30-14.30, £3.50 members, £4.50 non-members	Chess Club, 13.15-15.30, free		

To book or enquire about any of our activities call us on 01635 40488 or email us on hello@fairclosecentre.org



#### Enjoy a tea/coffee and a treat or a full two course lunch at our sociable community Café and Restaurant:

- Our Café is open Monday to Friday, 09.30-11.30 and 13.30-15.30
- Our restaurant is open Monday to Friday 12.00-13.30 and one Saturday and two Sundays per month

**Highlighted activities are special one-off events**. We regularly invite professional entertainers & bands to join us and we also organise trips & excursions to local places of interest

#### **Bowls & Darts:**

A little healthy competition amongst friends to see who can knock down the most bowls! You can sit or stand to take part. Every Monday, 10.30-11.30 Free to join

#### **Cash Bingo:**

4 games of competitive cash bingo with a chance to win cash throughout the game. Every Friday, 13.30-14.30 £2 per person

#### **Chair Exercises:**

Chair based exercises with music focusing on legs and arms, aiming to improve balance and co-ordination. Every Tuesday, 11.15-11.45 £1.50 for members\* and £2.50 for non-members

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#### Chess Club:

Whatever your level come along to our fun, sociable group and improve your chess game. Once a month on a Thursday, 13.15-15.30 Free to join

#### Crafts:

Learn how to make new things and paint, sew, stick and create! Join Helen and our friendly craft group. Every Wednesday, 10.30-11.30 £3 for members\* and £4 for non-members

### Dance with Emma:

Playing a variety of music including the cha-cha and salsa, you can join in or watch Emma lead the way on the dance floor. Once a month on a Wednesday, 13.30-14.30 £1.50 for members\* and £2.50 for non-members

### **Flower Arranging:**

Supported by an expert florist, we provide everything you need to arrange your own beautiful flower display to take home. Once a month on a Thursday, 10.30-11.30 £7.50 for members\* and £8.50 for non-members

#### **Prize Bingo:**

5 games of fun interactive Bingo with a chance to win prizes throughout the game. Every Tuesday, 13.30-14.40 £1.50 for members\* and £2.50 for non-members

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### Quiz:

A fun general knowledge quiz, answer the most questions and win a small prize at the end. Twice a month on a Wednesday, 13.30-14.30 Free to join

#### **Relax and Read:**

A time to relax and listen to extracts from books or poems and have a fun discussion with like-minded individuals. Every Monday, 13.30-15.30 Free to join

#### Singing for Fun:

Join us for a fun sing-along, we sing a wide variety of songs and song sheets are provided. Every Friday, 10.30-11.30 Free to join